

Forest Park

My goal for the 2024-2025 winter season is to hike or run every single mile of Forest Park. I struggle with intense seasonal depression, and I've found that working towards a goal and forcing myself outside is the biggest help.

This is quite the commitment, as Forest Park has over 80 miles of trails and contains 5,200 acres. The first time I tried to hike in Forest Park was in college, when I foolishly set my GPS to "Forest Park" and drove wherever it took me. Turns out, there's so many different trails and trailheads that you'll need to plan a little more. The bright side is that if one trailhead is too busy, you will absolutely be able to find another.

WARNING - Car prowls are incredibly common in Forest Park, especially in Section A (see map below) closest to downtown Portland. **Please do not leave ANYTHING visible in your car** - my window was smashed once because I had my bear spray on my passenger seat (if a homeless person attacks you with bear spray, I am very sorry).

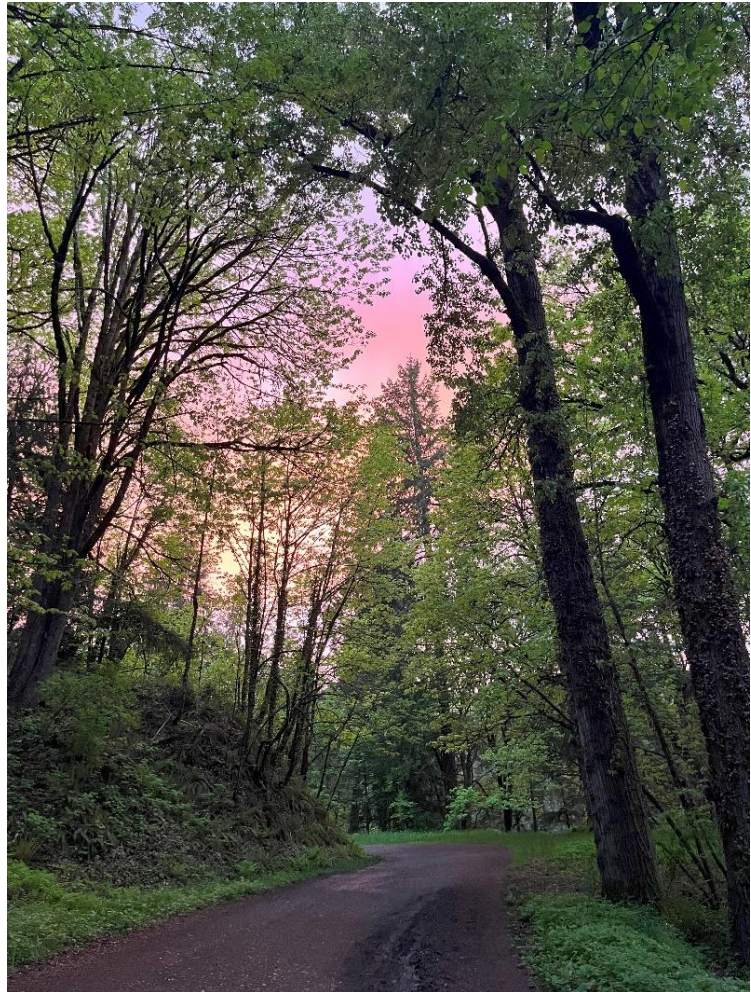


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A Brief Background on Forest Park

Indigenous people have lived in this area for 10,000 years. The tribes who lived in what is now called Forest Park include the Multnomah, Wasco, Cowlitz, Kathlamet, Clackamas, Chinook, Tualatin, Kalapuya, and Molalla. Lewis and Clark showed up in 1806, and by the mid-1800s, the indigenous people were unfortunately removed by the government and displaced by settlers.

The Bird Alliance of Oregon (formerly known as the Portland Audubon Society) has an interesting 40-page history of the Native uses of the land in this area, written by David G. Lewis, PhD, a member of the Confederated Tribes of Grand Ronde (I've included the link in the resources at the end of my write-up).

In 1903, the Olmsted brothers (sons of the designer of Central Park in NY!!) proposed that these hills be designated as a protected urban forest. In 1948, this finally came to fruition and the Forest Park Conservancy was formed. They still care for the park today. Their website is the best resource for exploring the park. They have current trail closures, conditions, and maps. I've added the link to their website in my Resources list at the end of this article.

To give you an idea of what Forest Park used to look like, I found this photo of Leif Ericson Drive (circa 1920s), shared by the Forest Park Conservancy:



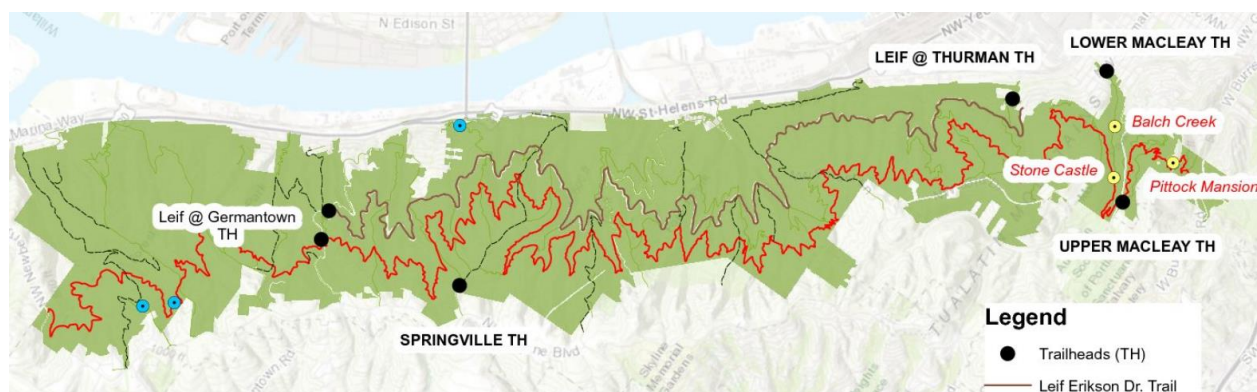
Honestly, not much has changed! The park is evergreen, both literally and figuratively.

The trail now known as Leif Ericson Road was constructed in 1914, originally named Hillside Drive. Unfortunately for the land developers, but fortunately for the rest of us, Hillside Drive faced so many landslides that it was basically unusable every winter. The dreams of building subdivisions on this hillside were crushed, and posterity has benefited greatly. The Sons of Norway renamed the road after the Viking Leif Ericson (of SpongeBob SquarePants fame) in the 1930s, and the road is now arguably the most trafficked trail in Forest Park.

Forest Park Ecology

The park is somehow only 1-mile wide and 8-miles long. This blows my mind, considering it fits 80-miles of trails, including the 30-mile-long wildwood trail?? However, you can just look at a map to see how twisty and windy these trails are, and it starts to make sense.

Here's a very basic map of the park so you can get a general idea of the layout. I'll go into more detail later:



(Map credit is due to the Forest Park Conservancy)

Forest Park is situated in what most locals call the West Hills, but it's formally called the Tualatin Mountain Range. The most common evergreen trees include the Douglas fir, western red cedar, and western hemlock. There are indeed deciduous trees in the Pacific Northwest too, such as big leaf maple and red alder. The understory is home to sword ferns, maidenhair ferns, vine maples, Oregon grape, and trillium. Invasive species frequently seen in the park include ivy, clematis, non-native blackberry, laurel, and holly.

Forest Park is a great destination for birding: there are over 110 bird species in the park. Personally, I've seen owls, pileated woodpeckers, and blue herons.



I saw this owl on the Lower Macleay Trail by the Witch's Castle (more on that later). I was hiking and heard a terrible scream. I looked directly above my head to see these big eyes staring at me.

There are also 62 mammal species, but don't expect to see any bears! There is the occasional black bear sighting, but it's rare enough that it becomes a big news story when it does happen. Same with cougars – the only sightings I can find have been from Ring doorbell cameras on nearby houses. It is smart to remember that Oregon is bear and cougar country, and we are the ones invading their home. That

being said, I have spent way too much time in Forest Park at dusk and in the dark, and I have zero concern over the wildlife (people, on the other hand...) Other less-threatening mammals you might see include squirrels, raccoons, deer, coyotes, and rabbits. Supposedly there are elk here too, but I find that a little hard to believe.

There are three fish-bearing streams in Forest Park with trout: Balch Creek, Saltzman Creek, and Miller Creek (which also has migrating salmon). The Lower Macleay Park trail follows Balch Creek, and my dad has seen trout in the pools by the trail. Forest Park is also great for finding creepy crawlers: garter snakes, newts, and banana slugs are common. Fun fact about me – I love reptiles and amphibians, to the point where I pick them up (don't do this... apparently newts are poisonous). However, I am *deathly* afraid of centipedes and millipedes. I can't even look at pictures of them without my skin crawling. I have been known to scream when they surprise me on a trail. One of the most fascinating creatures

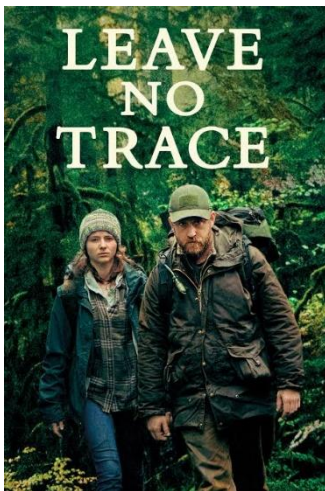
I've seen in Forest Park was a reddish-orange centipede, about 6 inches long, with long, creepy legs. I was curious to learn more about it, but I cannot google it without images popping up! I guess I will never know what exactly I saw, I can just hope they stay far away from me.

Fun Facts about Forest Park

In 2009 and *again* in 2015, the same Portland resident had two different pet oryxes get loose and wander Leif Ericson trail. *(Photo is of Yellow-Nose in 2015, courtesy of Oregon Live)*. I can't even imagine the terror of coming across one of these ridiculous antelopes while on a jog... I'd probably think I was hallucinating or seeing some kind of demon! Both oryxes were humanely captured and returned to



their owner, who needs a better gate for his crafty exotic pets. I do hope both oryxes had a nice time exploring the park, but they seem to be very well cared for, so I'm happy they made it back home before a biker had a heart attack.



The 2018 movie, *Leave No Trace*, was filmed in Forest Park. It was very loosely based on a true story of a father and his 12-year-old daughter who were discovered living in Forest Park in 2004. They were found in a wood-framed shelter with encyclopedias, a rope swing, and even a vegetable garden. Both were clean and healthy. They had been living in this camp for 4 years without detection. Attempts were made to rehabilitate the family, but it seems they preferred living in the woods. They left their accommodations with no notice and have not been located since.

A popular hiking destination in Forest Park is commonly known as the Witch's Castle. It is about 3/4-mile past Lower Macleay Park and a very easy hike. I roll my eyes at the "lore" here, because the building is *literally just an old bathroom*. However, due to its slightly witchy look and oftentimes creepy graffiti, it's often used as a photo shoot location or a hangout for edgy goth teenagers. I won't lie, it does make for great photos. I took this snowy one during a freak February storm a few years ago.



There is a story behind the land here, of a family murder in the 1850s that ended with Oregon's first legal hanging. People will say these ghosts still haunt the Witch's Castle, but they don't realize that *this story has absolutely nothing to do with the stone structure*. The Castle was built in 1929 as a public restroom and ranger station. The park officially calls it the Stone House, probably to discourage the mischief that can happen here.

It is just off one of the best trails in Forest Park and worth seeing! For a shorter hike, you can turn around here. Or for a longer, steeper hike, continue to Pittock Mansion for a 5-mile roundtrip. I do giggle at the ladies in witchy outfits taking photos here (yes, I've seen this frequently), without realizing they're literally posing in an old bathroom. You probably won't see any ghosts, but there's a very likely possibility of running into marijuana-smoking teenagers, which is even scarier.

Hiking in Forest Park

Forest Park is laid out around two main trails: Leif Erikson Drive, and the Wildwood Trail. They run parallel to each other for 11 miles, then Leif Erikson ends, and Wildwood continues for another 20 miles. Several fire lanes, forest roads, and connector trails join the two. It's easy to make a new loop hike or trail run with the interwoven trails. There are many trailheads along Skyline Boulevard, which is parallel to Wildwood. The park is divided into Sections A, B, and C. Section A is closest to downtown Portland and includes Pittock Mansion. Section B is in the middle and has the most trail mileage. Section C is out by Bethany and can be quite the drive to access. The further west you go, the less crowded it will be, and the less chance of your car getting broken in (but this is never zero in Portland).

Section A – Furthest East



Section A of Forest Park is the closest to downtown. The furthest west point is just across Burnside Road. There is a fun pedestrian bridge here called the Barbara Walker Crossing. You can continue hiking into Washington Park (by the Oregon Zoo) after this point, but you are technically outside the Forest Park boundaries, so it's not pictured on the map.



One of my favorite hikes is starting at Hoyt Arboretum in Washington Park, continuing to the Barbara Walker Crossing, then taking the Wildwood Trail to Pittock Mansion. It's about 7-miles as an out-and-back, or.... You could continue down to Lower Macleay Park and then take the tram back to the zoo! (I don't recommend this as a woman hiking alone... the Portland public transit system

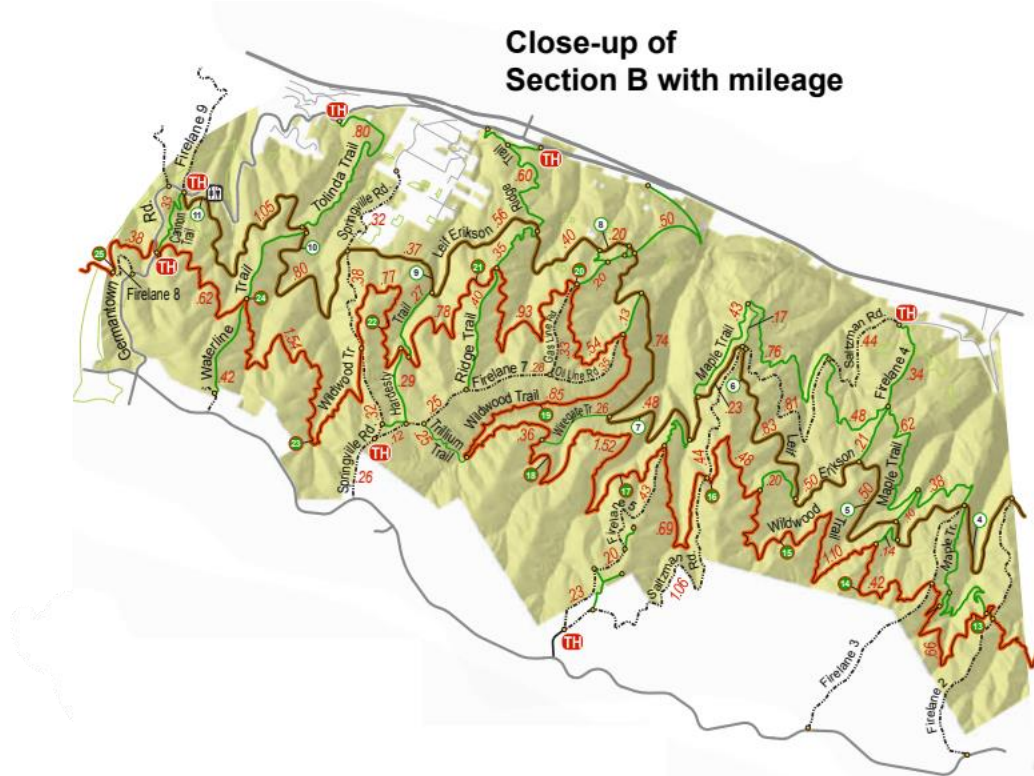
has declined rapidly since I did this in 2018-ish. Even then I had questionable situations).

Section A is also known for the Lower Macleay Park to Pittock Mansion hike, which I will discuss in more detail later. This is where you will find the Witch's Castle. The other most popular spot here is the trailhead for Leif Erikson Drive. It is at the very end of NW Thurman Street. This is where most trail runners and cyclists start their journeys, so parking can be tight, but I've always been able to find a spot. Section A is closest to downtown Portland, so be very careful with your car here. Smashed windows are a common occurrence. I've hiked here after dark and felt safe, but it's not something I'd necessarily recommend (other parts of Forest Park are way safer at night).

One of my favorite Portland adventures is to get a coffee and chocolate chip cookie from the Dragonfly Coffee House, and then go for a walk on the Leif Ericson or up to Pittock Mansion. The café is only 0.6 miles from Lower Macleay Park and is one of the best in Portland. I only recommend cafes that I truly love, and Dragonfly is one of the coziest, cutest spots I've ever been to.



Section B – The Middle



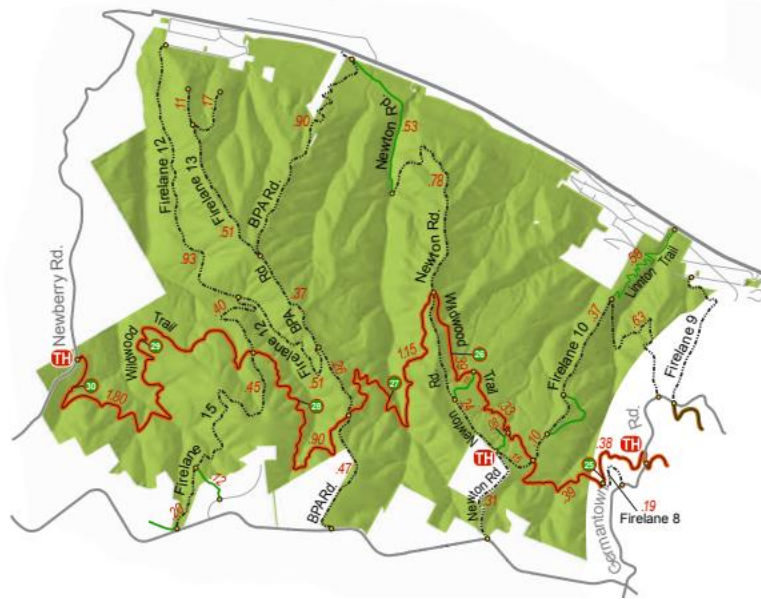
I am probably the least familiar with Section B, even though this is where the bulk of the trails can be found. Leif Erikson ends on Germantown Road in the westernmost part of Section B. Some great running loops can be made in this section – there are so many connector trails between the Wildwood and Leif.

Parking is difficult on St. Helens Road (the road to the north), so most of my hikes start from one of the many trailheads off Skyline Blvd (the road to the south). Unfortunately, this means I lose elevation at the beginning of the hike and gain it towards the end. Make sure you don't bite off more than you can chew, and keep in mind the second half of your hike will be more difficult.

A popular hike here is the Ridge Trail, which has a great view of the St. John's Bridge. Tolinda Trail is also popular, but I haven't personally done it. I'll share the loops I've hiked in Section B in a bit. This is a good place to go to avoid the crowds without driving more than minutes away from the city.

Section C – Furthest West

**Close-up of
Section C with mileage**



Section C includes everything west of Germantown Road, all the way to the Wildwood Trailhead off Newberry Road. This area is northwest of Bethany and can take up to half an hour to drive to from Portland. Personally, I love this part of the park because it is more rugged and less crowded. I've ran sections of the Wildwood Trail here and eventually want to do the whole trail end-to-end in a day.

You can make loops here with Skyline Road if you don't mind walking on the shoulders of the road. I wouldn't recommend it after dark unless you have an incredibly bright light-up vest and headlamp. It's a little sketchy even in the daylight, but I've done it before and only had a few cars pass me.



Just south of Section C is one of my favorite restaurants in the Portland area – McMenamins Rock Creek Tavern. I'd agree that McMenamins food is a little overrated and has gotten too expensive, but the live bluegrass jams here on Tuesday night are worth it. It has very cozy, rustic vibes and a chicken coop outside. Plan a Tuesday evening hike, then enjoy live music, Cajun tots, and a beverage here!

My Favorite Hikes

To be honest, I've been Portland-adjacent for most of my life, but I am still exploring Forest Park. I've spent a lot of time in Section A, and it doesn't help my blogging abilities that my autistic self thrives on routine. I've probably hiked to Pittock Mansion over 100 times, instead of exploring other trails. My goal for this winter is to hike every single trail in the park, and I've really enjoyed getting out of my comfort zone and seeing new things.

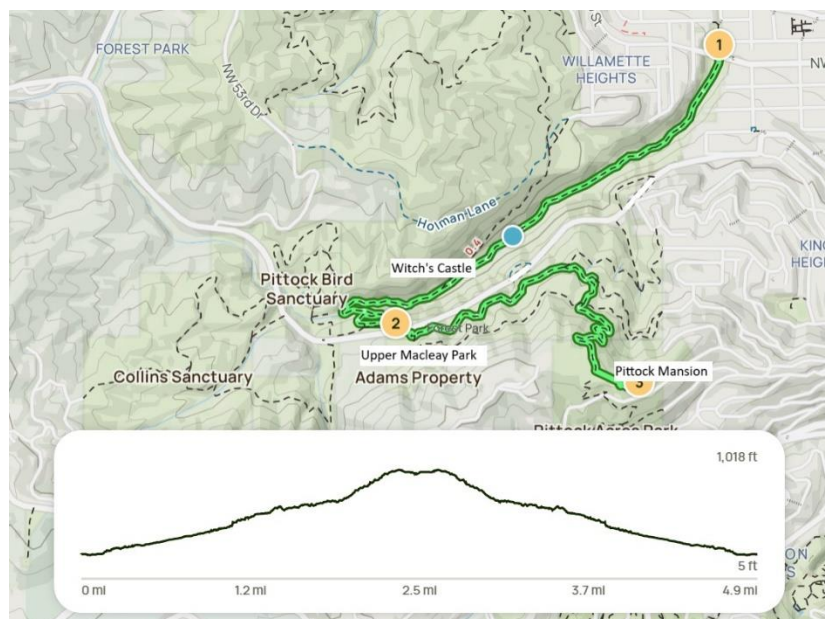
Section A definitely has the "instagrammable" hikes with views of Portland, creeks, waterfalls, and the Stone House, but don't sleep on the rest of the park. If you want to disappear into the woods for a few hours and forget about the world that exists just a few miles away, Sections B and C are for you.

Here are a few of my tested-and-true favorite hikes, but there are many others I have yet to explore.

Lower Macleay Park to Pittock Mansion

This is my "comfort" hike that I do when I need to decompress or zone out in nature. I think I've hiked this 100+ times since 2020. During the pandemic, I'd leave work every Friday at 3 pm, hike this trail (trying to beat my time from last week), then get Chinese food for dinner. The routine gave me something to look forward to during an awful time and got me in pretty good hiking shape. After 6 months of speed-hiking up to Pittock, I was able to hike Mount Si (a 10-mile round-trip hike in Seattle) with no problem, and then accomplish my ultimate goal of summiting Mount St. Helens (that is a write-up for another day...)





You'll start at Lower Macleay Park (make sure your GPS is set to the *lower* park), and hike alongside Balch Creek. In the wintertime when water levels are high, the creek will have waterfalls and rapids! Sometimes trout can be spotted, and I've seen several blue herons in the creek. The trail has a gentle slope up until the Witch's Castle, which is about 0.8 miles in.

The hike picks up some elevation gain, and at about 1.25 miles in you'll cross NW Cornell Road. There is no bridge here, nor are there any warning lights, so be very careful of cars. This trail intersection also includes Upper Macleay Park. Your GPS will likely try and take you here instead of Lower Macleay. You can always start here if you want a shorter hike.

This is where the elevation picks up even more, but it's not bad at all. You probably won't break a sweat until the switchbacks at the very top of the trail. There is an option to take either the Upper Macleay Trail or the Wildwood Trail. They meet up again just before the switchbacks, where you'll continue to take the Wildwood up to the mansion.

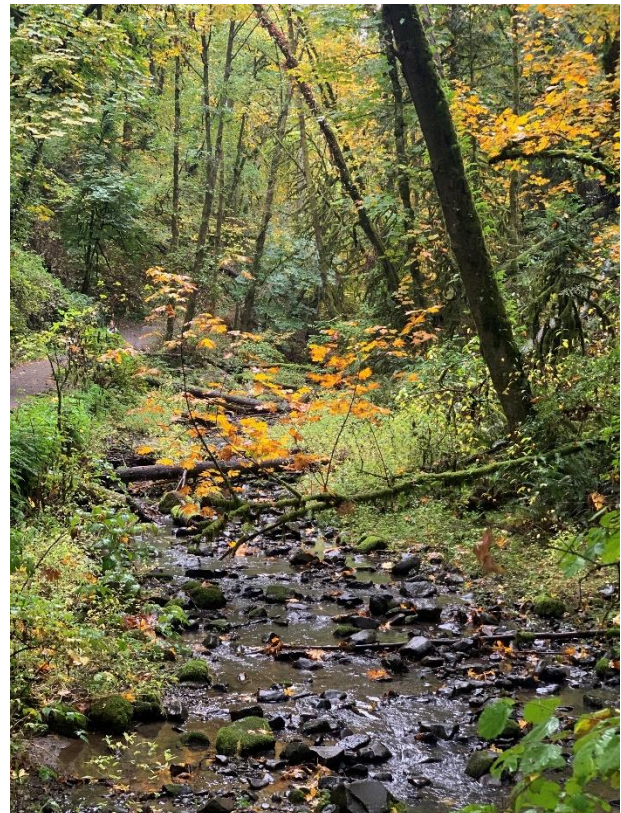


Walk through the parking lot to the mansion, and you're done! Pittock Mansion was built in 1914 by Henry Pittock, and he lived there with his family. You can tour the mansion for about \$17 a person or utilize the Washington County Library Adventure Pass for free tickets. It's a fun tour to do once and you'll learn a lot about the history of Portland. Personally, I find the hiking and the views outside the mansion to be even better. Behind the mansion is the absolute best view of the city and you can see Mount Hood on a clear day. It's fun to point out places you recognize from above – you can see the Moda Center, several churches, Mount Tabor, and the highways.



You can enjoy the views at the picnic area and wander through the Pittock Mansion gardens, then head back to the trail through the parking lot to finish your hike. It's about 5 miles round-trip with maybe 800-foot elevation gain. Be prepared for crowds, as this is one of the most popular and accessible hikes in Portland, for good reason.

It's great in all seasons – I've been here spring, summer, fall, and winter. It's one of the best places to see the leaves change color in the fall, and a fantastic snow day hike. On days where it's too scary to drive, I've taken public transportation to get here and enjoyed the walk through the snowy woods. The trail does get very slippery if there is any snow and ice, so please be careful, especially when walking downhill.



Leif Erikson Drive



This is my favorite place to run in Portland! The entire Leif is great for running, but the NW Thurman Street trailhead is so close to my house that it's the most convenient. **DO NOT LEAVE VALUABLES IN YOUR CAR HERE.** The parking lot is small, but I've always been able to find street parking within a block. Watch out for cyclists flying by – many bicycle routes come through here. If you have a bike that handles gravel well, and you don't mind getting super muddy, it's a fun bike ride.

About ¼ mile into the trail there are porta-potties and a trash can. The first 1.5 miles has some nice elevation gain. It's not noticeable when you're walking, but if you're running it will slow you down. The trail flattens out after until you get closer to the Germantown Trailhead

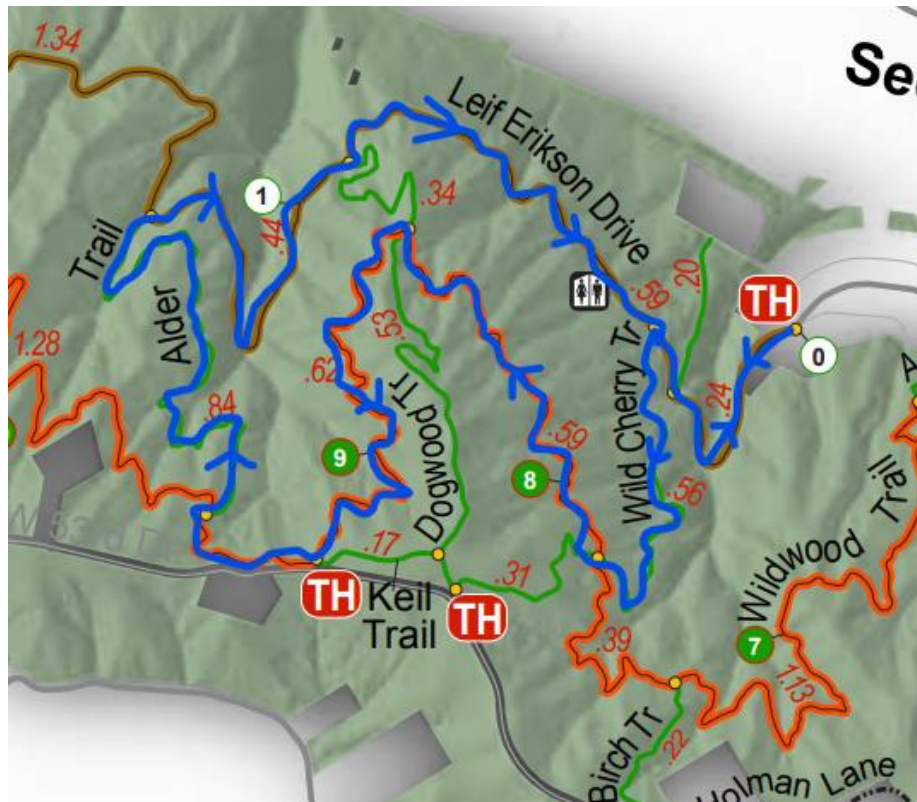
where there are more rolling hills. I've run this in my usual Hoka Cliftons, but I do recommend trail runners. The road is mostly gravel and gets wet and muddy.

Leif Erikson continues about 12 miles all the way to NW Germantown Road by the St. John's Bridge. It's a great long run with a car at either end to shuttle back. My fiancé and I did this with his dog last summer. I recommend stopping at the Skyline Diner afterwards for the best milkshake you've ever had.

Wildwood Trail runs above Leif Erikson, and you can make a loop by using the many connector trails (but be prepared for some steep and slippery trails). In the summer when the trails are not slip-and-slides, I like to trail run here. In the rainy season, you still can if you are more sure-footed than I am.



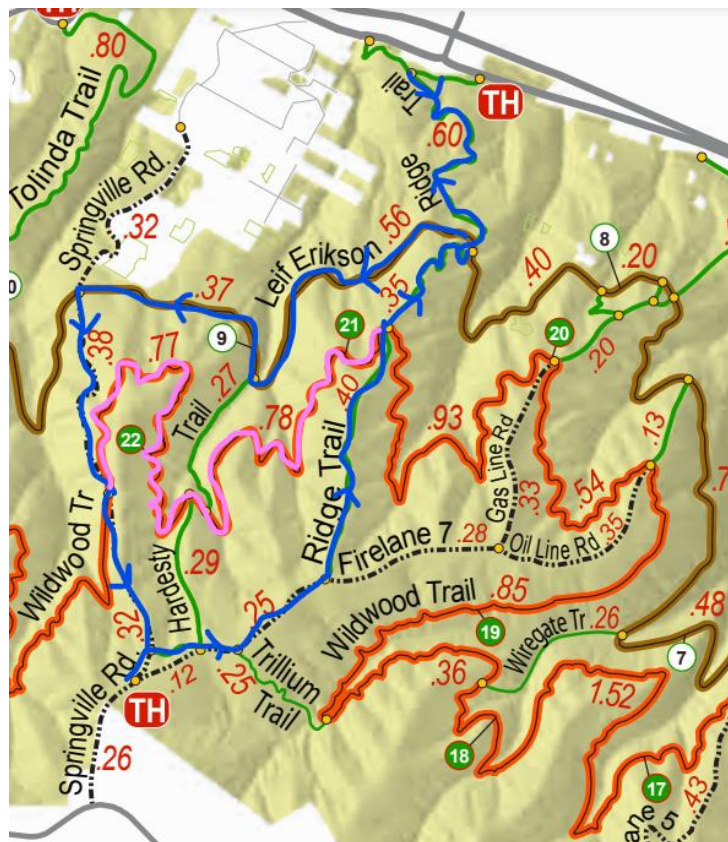
My favorite loop is taking Leif Erikson to Wild Cherry, going up to Wildwood, back down on Alder, and then running back to the trailhead on Leif. The loop is about 5 miles round trip with about 500 feet elevation gain. This is a good beginner trail running loop, but you might need to walk some of the slopes on Wild Cherry and Alder if it's super muddy. It's incredibly slippery, especially going downhill.



NW Springville Road

As with most Forest Park hikes, you can easily choose your own adventure. I can't find a map of this specific combination of trails I like to use, so I'll show you my own map.

I like starting at the Springville Road trailhead because there is a lot of parking, and a porta-potty. You can create many different loops here. If you continue down the Ridge Trail, you



will reach a great view of the St. John's Bridge. There is another trailhead off NW St. Helens Road if you prefer to start from there, but I find parking to be extremely difficult. The trade-off if you park off Springville is that you'll have to hike down first, then gain all the elevation back on your way up. You can either make a loop with Leif (highlighted in blue) if you want to see the St. John's Bridge or Wildwood if you want a more rugged trail (highlighted in pink).

I've hiked many variations of loops here. The most memorable was when my fiancé and I accidentally locked the keys inside our car... along with our dog! We had to wait

for his parents to bring the spare key, so we hiked anyways without the dog. When we got back to the car and finally got the keys, the dog was so mad at us that he wouldn't make eye contact. Luckily it was a cold day, so he was comfy in the car, just angry that we teased him with the promise of a hike just to make him sit inside while we had fun. Lesson learned about checking where the key is before locking the door!

Firelanes and BPA Road

This is a good opportunity to bring up the Firelanes. Several numbered firelanes connect trails in the park. These are used for emergency access, but do not have vehicle traffic on a regular basis. Several allow bikes.

Firelanes can be steep, because they connect the two main trails that run parallel along the ridgeline. The firelanes take you between the two trails, down to St. Helens Road, or up to Skyline Blvd.

Oftentimes there are power lines above the firelanes, so the trees are cut to make for great views of Portland. The firelanes (being actual roads) are also paved and wide – unlike the twisty Wildwood trail that has many roots to trip over and muddy patches to slide in.



Forest Park Adjacent Adventures

This wouldn't be a Kati Explores article without some discussion of how to make the most of the journey. Whether you live in Portland and want to explore more of your city, or you're planning a weekend trip, you can combine your Forest Park adventure with another activity! Here's a few of my favorites, all within minutes of the park.

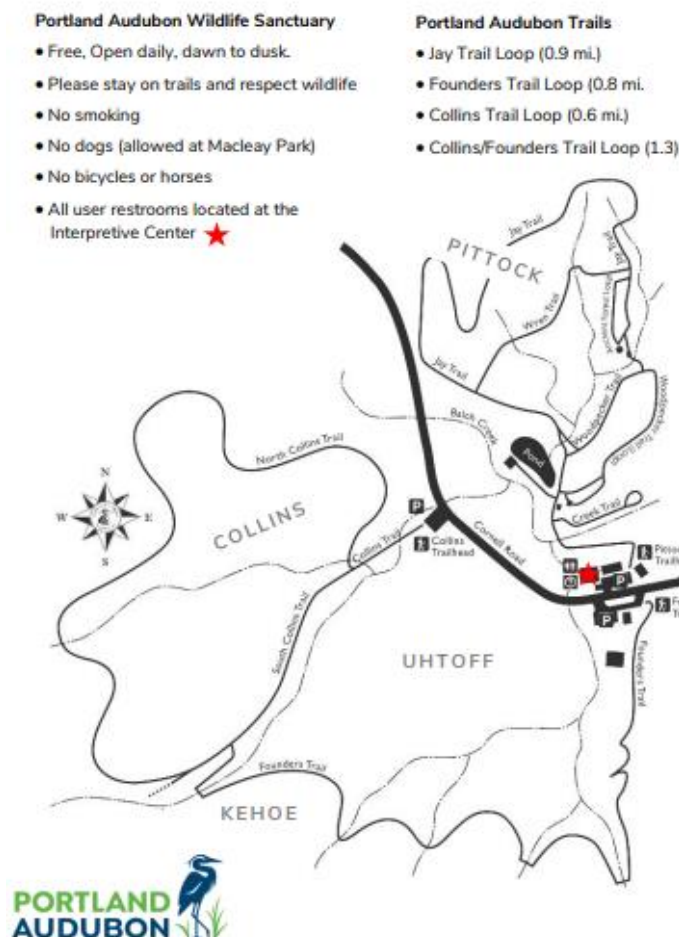
Bird Alliance of Oregon

This charity was formerly known as the Audubon Society. John James Audubon was (rightfully) cancelled within the past few years, so the Society had to change their name. The Bird Alliance is a better description of what you can expect to find here.

There is a cute little nature store where you can look at taxidermy birds and shop for bird related merchandise, including guidebooks, birdfeeders, bird houses, and apparel. There are nice restrooms and a water fountain as well.

The Bird Alliance has a small system of trails, perfect for a short hike. There are even “ambassador” birds on display: a great horned owl named Julio, and an American Kestrel named Xena. There are **no dogs allowed** for the safety and comfort of the birds, and for the disappointment of most humans.

The Bird Alliance is very close to Upper Macleay Park and can be added on to your Pittock Mansion hike.



Washington Park

I could write an entire article about Washington Park, and I'm sure I will one day. It is best known for the Oregon Zoo, but also contains the Hoyt Arboretum, the World Forestry Center, the International Rose Test Garden, and the Portland Japanese Garden.

There is a TriMet train station conveniently located underground here, but be careful, as the station is isolated, and I have seen scary behavior here. Also, my car window was smashed at the Hoyt Arboretum, and I've had men prowl in bushes watching my car at the Rose Garden. **DO NOT LEAVE ANYTHING VISIBLE IN YOUR CAR AT ALL** (I promise it is still worth visiting – just be smart).



I love to hike from the Hoyt Arboretum to Pittock Mansion. It's only in Forest Park territory after you cross Burnside, but the scenery is incredible. You'll pass a Redwood Observation Deck, get an aerial view of the Japanese Gardens, and you'll even see the archery range.

The International Rose Test Garden is

totally free! The best time of year to go is in mid-June, when roses are at peak bloom. It's so dreamy and I can't believe I didn't know about it until recently. There are tennis and pickleball courts nearby for the most aesthetically pleasing game you'll ever play.

I recently visited the Forestry Center on one of their free admittance days. It was cool and worth seeing once. It's only about \$7 admission, because it is fairly small, so if you are at all into trees, I recommend going.

The Oregon Zoo is pricier but so worth it. I've had a membership for years (which is much more economical) and I like to walk around the zoo by myself listening to a podcast when I need some decompression time. Yes, I'm the weird adult woman at the zoo alone who will push your kid out of the way so I can see the animals. My favorite exhibits are the Pacific Northwest, and the crocodiles of course. If you want to see a native black bear in Oregon, this is basically the only place you're guaranteed to see one (I've lived here almost 27 years and I've yet to see a wild bear in the state of Oregon – I've only seen them in Canada, northern Washington, Montana, Wyoming, Michigan, and California).



I have never been to the Japanese Garden because I've heard its overrated, but the Washington County Community Library does offer free passes through their Adventure Pass program. There is a tea house in the Garden that I would love to try one day. I've peeked at their koi ponds from above, while hiking in Hoyt Arboretum, and it does look like a fun spot if you can afford it.

Cathedral Park and the St. John's Bridge

This is on the opposite side of the Willamette River, so I'm not sure if it could be considered Forest Park adjacent... but the St. John's Bridge is one of the most iconic scenes in Portland. You can view it from the Ridge Trail in Forest Park, or cross over the bridge and visit Cathedral Park underneath.

Fun fact! The first being to ever cross the St. John's Bridge was an elephant. The bridge was completed in 1931, and an elephant led the parade to open it to the public.

Cathedral Park is great for picnicking under the bridge. There are some sketchy characters, but it's safe in the daytime. I've even seen weddings here. Some people like to swim in the Willamette off the dock here, but I would strongly advise against it. If the current doesn't kill you, the toxic algae and pollution might.



Places to Eat

I've already mentioned a few of these, so here's a quick round-up of my favorite Forest Park adjacent restaurants and coffee houses.

- **Skyline Restaurant:** Skyline is located at the intersection of NW Cornell Road and Skyline Blvd, very close to the east end of Leif Erikson. This is classic diner food, like burgers and milkshakes. This isn't my typical favorite, but after a long hike or run it's perfect. I got a banana cream pie milkshake here that is probably the best shake I've ever had. Prices are reasonable – about \$12-\$15 for a burger with fries.
- **Rock Creek Tavern:** This is located closer to Hillsboro, about 10 minutes away from the Leif Erikson west end on Germantown Road. Food here is pricier, but the live bluegrass jams on Tuesday nights make it worth it. The vibes are immaculate, with cozy cottage décor and a chicken coop outside. The Cajun tots are reasonably priced and a Portland classic.
- **Dragonfly Coffee House:** Dragonfly Coffee is about a half mile away from Lower Macleay Park and the Leif Erikson east end. It's on a busy street in NW Portland, so there's more "downtown city" vibes than the other places. But once you go inside, you'll feel so cozy that you'll forget about the city outside. Coffees are about \$5, which is typical for Portland unfortunately. Their chai lattes and chocolate chip cookies are very good, and nice to take on your hike.
- **Cathedral Coffee:** This is very close to Cathedral Park in St. Johns. I'd come here all the time when I was a student at University of Portland. Coffee prices are typical for Portland, with some more expensive (but very yummy) baked goods. They have a lot of savory pastries, which is a nice change of pace.

Fast Facts

Thanks for reading if you've made it this far! I hope to write an update to this once I've finished my goal of hiking every mile in Forest Park. Until then, here's some quick tips on how to best enjoy your adventure in Portland's best park.

DO NOT LEAVE VALUABLES IN YOUR CAR AT ANY FOREST PARK TRAILHEAD!

- **Best easy run:** Leif Erikson Drive (start at NW Thurman trailhead)
- **Best day hike:** Lower Macleay Park to Pittock Mansion
- **To get away from crowds:** hike in Section C, closest to Bethany!
- **For a steeper run/hike:** make a loop out of Leif and Wildwood with some of the firelanes
- **For an easy hike with great payoff:** walk to the Witch's Castle from Lower Macleay Park and back... mostly flat with great views of Balch Creek
- **Make a day of it:** enjoy a coffee at Dragonfly Coffee House, go for a hike up to Pittock Mansion, visit the birds at the Bird Alliance of Oregon, then check out the Oregon Zoo in Washington Park, and end with dinner at the Skyline Diner

Happy adventuring!



Resources for Further Reading

History of Native Uses of the Land, Portland Audubon Wildlife Sanctuary by David G. Lewis, PhD: <https://birdallianceoregon.org/wp-content/uploads/2023/02/History-of-Native-Uses-of-the-Land-Portland-Audubon-Wildlife-Sanctuary.pdf>

Forest Park Conservancy Website: <https://forestparkconservancy.org/>

OregonLive article on the Oryx found in Forest Park:
https://www.oregonlive.com/portland/2015/10/yellow_nose_the_oryx_wandering.html

Portland Bird Alliance website: <https://birdallianceoregon.org/>

Washington Park website: <https://explorewashingtonpark.org/>

Washington County Community Library Cultural Pass to Adventure:
<https://www.wccls.org/adventurepass>

(The Adventure Pass is temporarily unavailable until Spring 2025... hopefully it will be worth the wait! This is a truly amazing program that benefits a lot of people.)